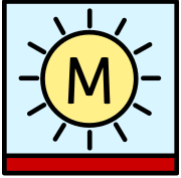
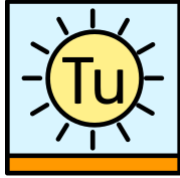
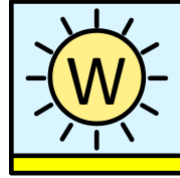
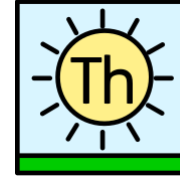
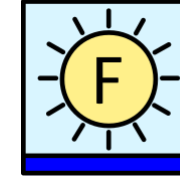


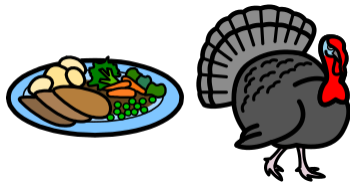







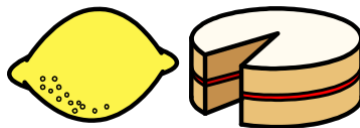



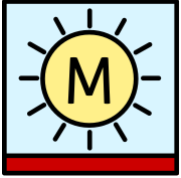
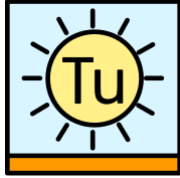
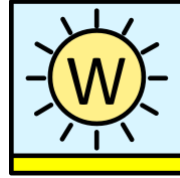
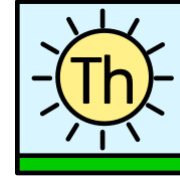
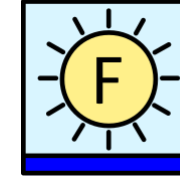








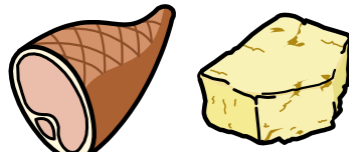

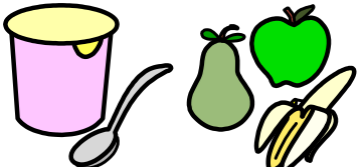
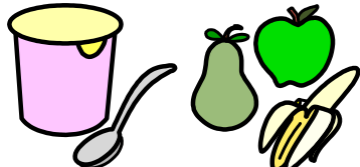
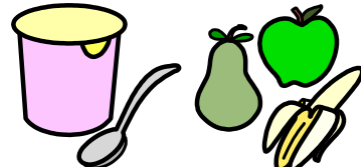
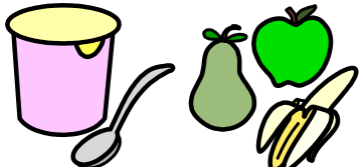
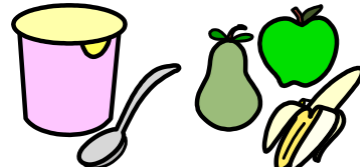


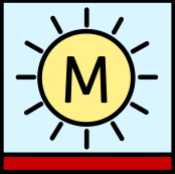


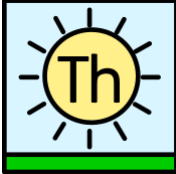
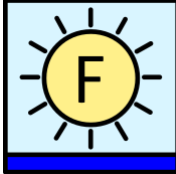

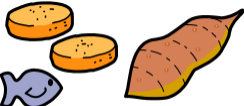
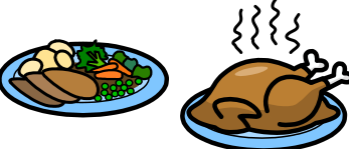

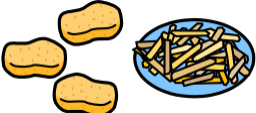










# Week 1 - main and dessert options

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
 Chicken Tikka & rice	 Lasagne	 Roast Turkey	 Meatballs with pasta	 Cheese & tomato pizza & chips
 Mushroom & veg. chowmein	 Vegetable risotto	 Vegetarian Roast dinner	 Vegetarian meatballs	
 Fruit crumble & cream	 Lemon Sponge	 Chocolate Brownie	 Jelly & ice cream	 Yoghurt

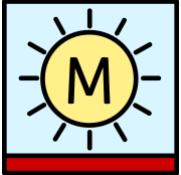
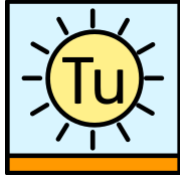
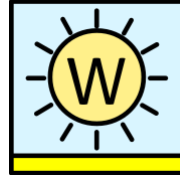
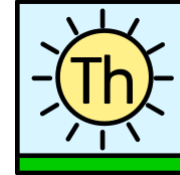
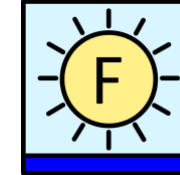










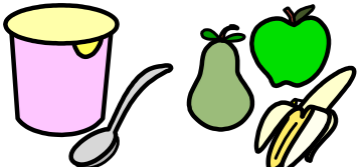
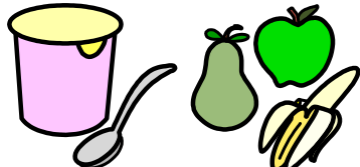
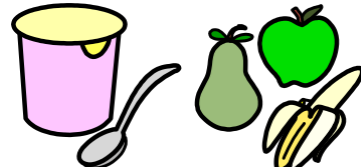
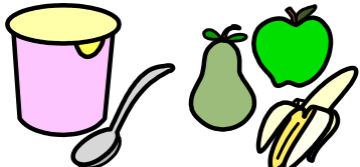
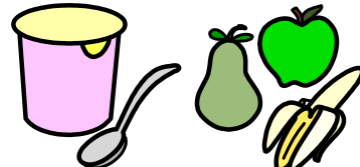
# Week 1 regular items

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
 Jacket potato with tuna	 Baguette with tuna	 Jacket potato with tuna	 Baguette with tuna	 Jacket potato with tuna
 beans or cheese	 ham or cheese	 beans or cheese	 ham or cheese	 beans or cheese
 Yoghurt or fruit	 Yoghurt or fruit	 Yoghurt or fruit	 Yoghurt or fruit	 Yoghurt or fruit

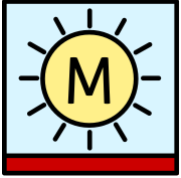
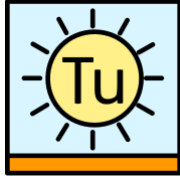
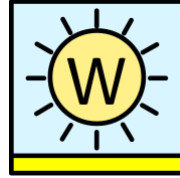
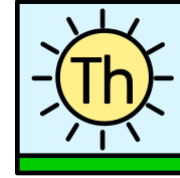
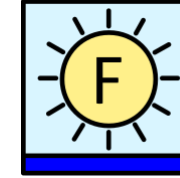

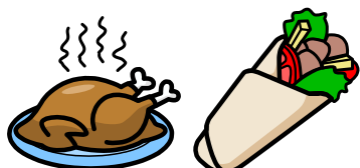
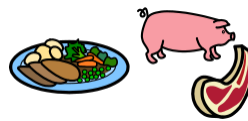


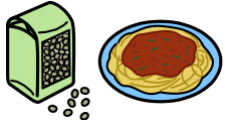
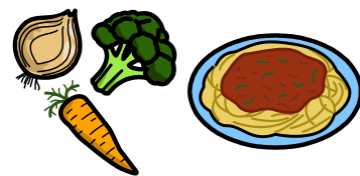




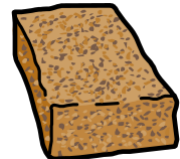
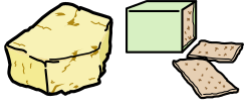
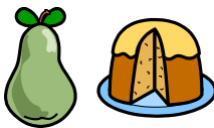

## Week 2 - main and dessert options

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
 Spaghetti bolognese	 Fishcakes, peas and sweet potato fries	 Roast chicken	 Sausage pasta bake	 Chicken nuggets, beans & chips
 Cauliflower cheese bake	 pasta and tomato sauce	 Vegetarian roast	 Vegetarian spaghetti bolognese	 Vegetarian nuggets & chips
 Pineapple upside down cake	 Fruit crumble & crème fraiche	 School tray bake	 Banana & custard	 Artic Roll

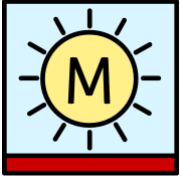
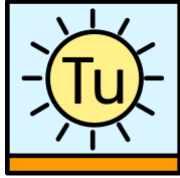
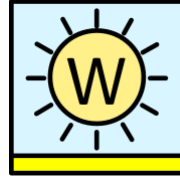
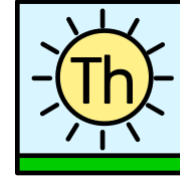
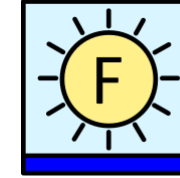








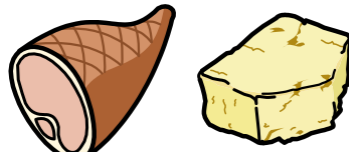

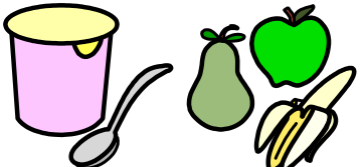
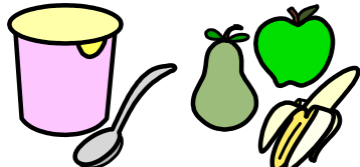
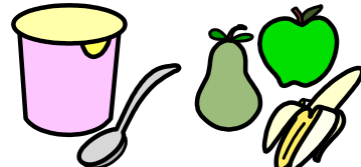
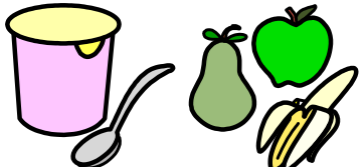
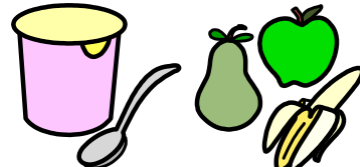
# Week 2 regular items

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
 Jacket potato with tuna	 Baguette with tuna	 Jacket potato with tuna	 Baguette with tuna	 Jacket potato with tuna
 beans or cheese	 ham or cheese	 beans or cheese	 ham or cheese	 beans or cheese
 Yoghurt or fruit	 Yoghurt or fruit	 Yoghurt or fruit	 Yoghurt or fruit	 Yoghurt or fruit

# Week 3 - main and dessert options

 Monday	 Tuesday	 Wednesday	 Thursday	 Friday
 Fish fingers, vegetables & potatoes	 Chicken fajitas	 Roast pork & apple sauce	 Sweet & sour chicken & rice	 Sausage & chips
 Lentil bolognese	 Vegetable chilli	 Vegetable & spinach Balti	 Cheese & potato pie	 Vegetarian sausage & chips
 Apple sponge pudding	 Flapjack	 Cheese & biscuits	 Chocolate pear pudding	 Mousse

# Week 3 regular items

 <p>Monday</p>	 <p>Tuesday</p>	 <p>Wednesday</p>	 <p>Thursday</p>	 <p>Friday</p>
 <p>Jacket potato with tuna</p>	 <p>Baguette with tuna</p>	 <p>Jacket potato with tuna</p>	 <p>Baguette with tuna</p>	 <p>Jacket potato with tuna</p>
 <p>beans or cheese</p>	 <p>ham or cheese</p>	 <p>beans or cheese</p>	 <p>ham or cheese</p>	 <p>beans or cheese</p>
 <p>Yoghurt or fruit</p>	 <p>Yoghurt or fruit</p>	 <p>Yoghurt or fruit</p>	 <p>Yoghurt or fruit</p>	 <p>Yoghurt or fruit</p>