## Weekly Menu: Lataca Week 3

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
| Main | Main | Main | Main | Main |
| Penne Pasta Bolognese served with Salad | Fish Cakes, Sauté potatoes and Peas | The Midweek Carvery | Homemade Lasagne | Sausages, Chips and Beans |
|  |  | Quorn Roast | Homemade Vege Lasagne | Vege Sausages, Chips and Beans |
| Vege Bolgnase | Vege Bites | Ham Sandwich | Ham Sandwich |  |
| Ham Sandwich | Ham Sandwich <br> Cheese Sandwich | Cheese Sandwich | Cheese Sandwich | Ham Sandwich |
| Cheese Sandwich |  | Jacket Potato with Grated Cheese | Jacket Potato with Grated Cheese | Cheese Sandwich |
| Jacket Potato with Grated | Jacket Potato with Grated Cheese |  |  | Jacket Potato with Grated Cheese |
| Cheese |  | Jacket Potato with Beans | Jacket Potato with Beans |  |
| Jacket Potato with Beans | Jacket Potato with Beans | Jacket Potato With Coleslaw | Jacket Potato With Coleslaw | Jacket Potato with Beans |
| Jacket Potato With Coleslaw | Jacket Potato With Coleslaw | Other/Specialist Meal | Other/Specialist Meal | Jacket Potato With Coleslaw |
| Other/Specialist Meal | Other/Specialist Meal |  |  | Other/Specialist Meal |
| Dessert | Dessert | Dessert | Dessert | Dessert |
| Raspberry Flavoured Jelly | Chocolate Sponge | Homemade Oaty Flapjack | Strawberry Flavoured Soft Scoop Ice Cream | Pick A Pudding Day |
| Yogurt | Yogurt | Yogurt |  | Yogurt |
| Fresh Fruit Pot | Fresh Fruit Pot | Fresh Fruit Pot | Yogurt | Fresh Fruit Pot |
|  |  |  | Fresh Fruit Pot |  |

Allergens
Vege Bolgnase: Cereals containing gluten, Sulphur Dioxide; Strawberry Flavoured Soft Scoop Ice Cream : Milk; The Midweek Carvery : Cereals containing gluten, Eggs, Milk, Sulphur Dioxide;
 Potato with Beans : Sulphur Dioxide; Ham Sandwich: Cereals containing gluten, Eggs, Milk, Soya, Sulphur Dioxide; Cheese Sandwich: Cereals containing gluten, Eggs, Milk, Soya, Sulphur Dioxide; Vege Bites : Cereals containing gluten; Sausages, Chips and Beans : Cereals containing gluten, Soya, Sulphur Dioxide; Vege Sausages, Chips and Beans: Cereals containing gluten; Penne Pasta Bolognese served with Salad: Cereals containing gluten, Milk, Sulphur Dioxide; Raspberry Flavoured Jelly: No allergens; Fish Cakes, Sauté potatoes and Peas: Cereals containing
 Milk, Sulphur Dioxide; Jacket Potato With Coleslaw: Eggs; Chocolate Sponge: Cereals containing gluten, Eggs, Milk; Yogurt : Milk

