## Weekly Menu: Lataca Week 3

Monday	Tuesday	Wednesday	Thursday	Friday
Main	Main	Main	Main	Main
Penne Pasta Bolognese served with Salad	Fish Cakes, Sauté potatoes and Peas	The Midweek Carvery	Homemade Lasagne	Sausages, Chips and Beans
		Quorn Roast	Homemade Vege Lasagne	Vege Sausages, Chips and
Vege Bolgnase	Vege Bites	Ham Sandwich	Ham Sandwich	Beans
Ham Sandwich	Ham Sandwich	Cheese Sandwich	Cheese Sandwich	Ham Sandwich
Cheese Sandwich	Cheese Sandwich	Jacket Potato with Grated	Jacket Potato with Grated	Cheese Sandwich
Jacket Potato with Grated	Jacket Potato with Grated Cheese	Cheese	Cheese	Jacket Potato with Grated Cheese
Cheese		Jacket Potato with Beans	Jacket Potato with Beans	
Jacket Potato with Beans	Jacket Potato with Beans	Jacket Potato With Coleslaw	Jacket Potato With Coleslaw	Jacket Potato with Beans
Jacket Potato With Coleslaw	Jacket Potato With Coleslaw	Other/Specialist Meal	Other/Specialist Meal	Jacket Potato With Coleslaw
Other/Specialist Meal	Other/Specialist Meal			Other/Specialist Meal
Dessert	Dessert	Dessert	Dessert	Dessert
Raspberry Flavoured Jelly	Chocolate Sponge	Homemade Oaty Flapjack	Strawberry Flavoured Soft	Pick A Pudding Day
Yogurt	Yogurt	Yogurt	Scoop Ice Cream	Yogurt
Fresh Fruit Pot	Fresh Fruit Pot	Fresh Fruit Pot	Yogurt Fresh Fruit Pot	Fresh Fruit Pot

## Allergens

Vege Bolgnase: Cereals containing gluten, Sulphur Dioxide; Strawberry Flavoured Soft Scoop Ice Cream : Milk; The Midweek Carvery : Cereals containing gluten, Eggs, Milk, Sulphur Dioxide; Quorn Roast: Cereals containing gluten, Eggs, Milk, Sulphur Dioxide; Pick A Pudding Day: Cereals containing gluten, Eggs, Milk, Sulphur Dioxide; Jacket Potato with Grated Cheese: Milk; Jacket Potato with Beans : Sulphur Dioxide; Ham Sandwich: Cereals containing gluten, Eggs, Milk, Soya, Sulphur Dioxide; Cheese Sandwich: Cereals containing gluten, Eggs, Milk, Soya, Sulphur Dioxide; Vege Bites : Cereals containing gluten; Sausages, Chips and Beans : Cereals containing gluten, Soya, Sulphur Dioxide; Vege Bausages, Chips and Beans : Cereals containing gluten, Soya, Sulphur Dioxide; Nasherry Flavoured Jelly: No allergens; Fish Cakes, Sauté potatoes and Peas: Cereals containing gluten, Fish; Homemade Oaty Flapjack : Cereals containing gluten; Homemade Lasagne: Cereals containing gluten, Milk, Sulphur Dioxide; Homemade Vege Lasagne: Cereals containing gluten, Milk, Sulphur Dioxide; Homemade Vege Lasagne: Cereals containing gluten, Milk, Sulphur Dioxide; Homemade Vege Lasagne: Cereals containing gluten, Milk, Sulphur Dioxide; Homemade Vege Lasagne: Cereals containing gluten, Milk, Sulphur Dioxide; Homemade Vege Lasagne: Cereals containing gluten, Milk, Sulphur Dioxide; Homemade Vege Lasagne: Cereals containing gluten, Milk, Sulphur Dioxide; Homemade Vege Lasagne: Cereals containing gluten, Milk, Sulphur Dioxide; Homemade Vege Lasagne: Cereals containing gluten, Kish; Homemade Vege Lasagne: Cereals containing gluten, Kish; Yogurt : Milk